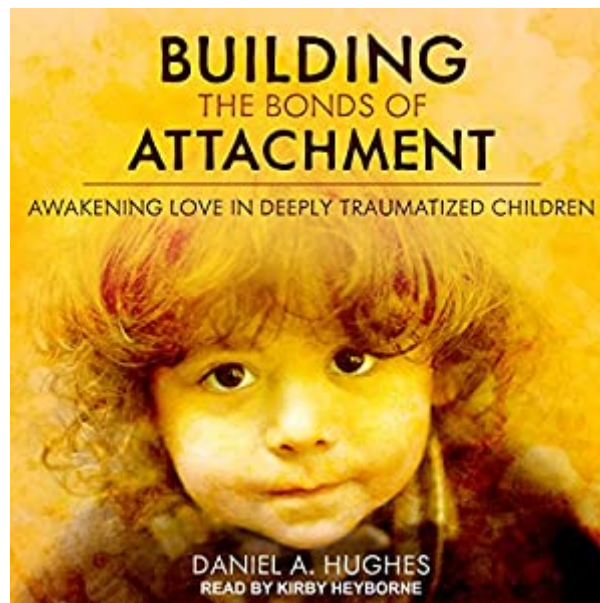


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# Building The Bonds Of Attachment: Awakening Love In Deeply Traumatized Children



## Synopsis

Building the Bonds of Attachment is the third edition of a critically acclaimed book for social workers, therapists, and parents who strive to assist children with reactive attachment disorder. This work is a composite case study of the developmental course of one child following years of abuse and neglect. Building the Bonds of Attachment focuses on both the specialized psychotherapy and parenting that is often necessary in facilitating a child's psychological development and attachment security. It develops a model for intervention by blending attachment theory and research, trauma theory, and the general principles of parenting, together with child and family therapy. This book is a practical guide for the adult - whether professional or parent - who endeavors to help such children. The third edition of this widely popular book will present the many recent changes in the intervention model. These include changes in both the psychotherapist's and parent's interventions. The attachment history of the adults is made more relevant. There is greater congruence between attachment theory and research and the interventions being demonstrated as well as greater reference to this theory and research.

## Book Information

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## Customer Reviews

This extremely valuable book serves as a superb introduction to the seemingly incurable problems of recognizing and treating developmental trauma and reactive attachment disorder (RAD) in children. Written in the style of a novel, Dr. Hughes presents a painfully accurate portrait of what RAD looks like in everyday life, as both parents and therapists struggle to cope with the baffling

behaviors of an intellectually precocious child suffering from RAD. Building the Bonds... describes RAD in clear language and with a compelling story line. Real-life parents and therapists unfamiliar with RAD, will readily recognize Hughes' description of their own exasperation as they attempt to handle the confusion and conflicts they experience with such children. Daniel Hughes is the preeminent authority on RAD, and this book helped me begin to understand the extremely complicated guidelines involved in treating RAD children.

We just brought home a tee wagger from Eastern Europe. He is showing signs of past abuse although we do not know his complete story. To implement these things suggested, we would have to be far past the language barrier that we currently face. However, to know what may be happening in his kind has helped me to think outside the box on how to handle some of these meltdowns that we experience with him. As he is too old to hold down well, it will be difficult to experience the holding aspect of this therapy. For a child Katie's age, I can see why this is so effective! Traumatic pasts are difficult to overcome at any age and therapy has to be tweaked for that child, that history, and that age group. Whatever "that" may be. Definitely a good read to gain an insight to what trauma (abuse and neglect) does to the mind of a child and how to intervene.

The most helpful information I have ever read in regard to this debilitating problem. Daniel A. Hughes really knows how to deal effectively with RAD. I would highly recommend Building the Bonds of Attachment: Awakening love in deeply troubled Children. The book is not only a case history about one little girl's journey to overcoming the effects of abuse that kept her from attaching, or having normal feelings of love and compassion for another human being. It also gives commentary from professionals chapter by chapter as the story unfolds. For one who has to deal with a child with these problems that came about through no fault of their own, this book is a must read. It explains the seemingly random acts of violence and meanness. Once the reader understands, the behavior of the child all makes sense.

This book is an essential read for anyone who works in the statutory child protection field. It contains the critical dispelling of ideas that we often feel the need to cling on to when thinking about young children and trauma: 'children are resilient

Should be required reading for all foster and adoptive parents, BEFORE they foster or adopt.  
Should be required for child therapists and social workers.

Excellent book. It helps one better understand that there are significant reasons for troubled children to behave as they do. Society needs to implement more effective programs to help children and those around them. Otherwise, we will have a society wherein we see certain children as bad, they believe that they are bad and those who want to help are left with a dearth of resources and knowledge to make a difference.

An excellent read. The focus of the book was a single case that excellently portrayed an unattached child and the techniques, rationale and principles used in helping her heal. This book both appealed to the emotions and the intellect. The book ends explaining the clinical theories undergirding the work with these children and families. It is filled with clinical insights and describes the depth of fear and shame these children carry in a way that I have never read before. I could not put it down!

This is a nontechnical approach to understanding the difficulties inherent in raising a child with an attachment disorder. While it's an easy read in the ordinary sense, for anyone close to a child with this problem, it is an emotionally difficult read—very heart wrenching. We have an adopted child in our family with these issues, and the author has portrayed them very accurately. So, I had to put the book down and take a break several times. However, the book does give the lay person a much better understanding of the profound problems faced in trying to raise and treat such children.

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